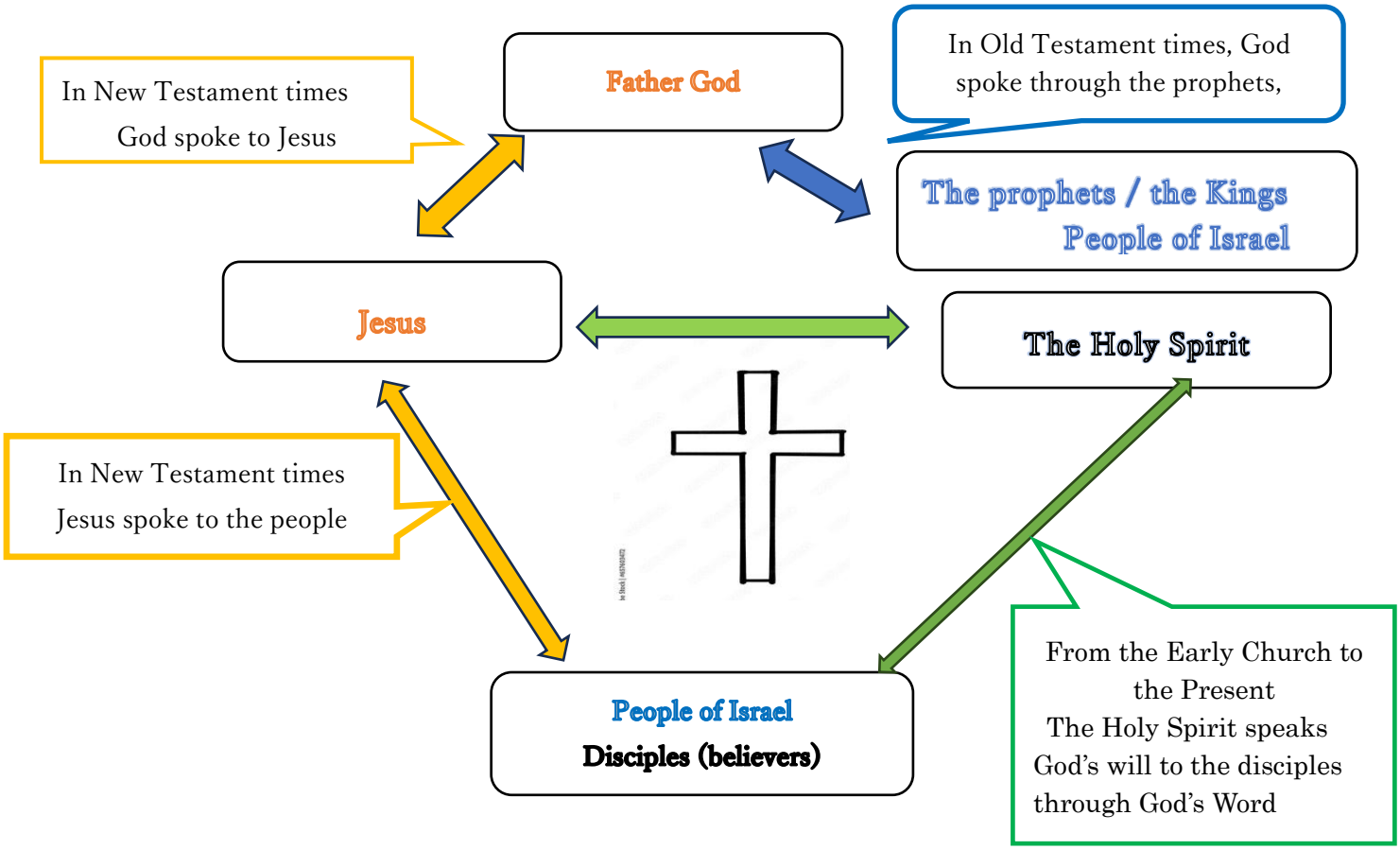


➔ The work accomplished through Jesus' crucifixion

1. He took upon Himself all our sins on the cross as our substitute. He forgave our sins and healed our illnesses.

> I Pet 2:24 "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." 25 For "you were like sheep going astray," but now you have returned to the Shepherd and Overseer of your souls.

1. Sins are forgiven; we shift our focus from a self-centered way of life to one centered on God.
2. We have been transformed from a self-centered [sinful] way of life to the way of life God desires [as recorded in the Bible].
3. Our citizenship is in heaven. We have been given eternal life.

2. He forgave our sins and brought about our reconciliation with God

> Col 1:20 and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.

4. Sins were forgiven, making fellowship with God possible.
[Adam and Eve sinned, and their fellowship with God was severed.]

3. In the name of Jesus, it has become possible to pray to God and commune with Him.

John 16:23 In that day you will no longer ask me anything. Very truly I tell you, my Father will give you whatever you ask in my name. 24 Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.

5. It has become possible to pray to God in the name of Jesus.
We can ask God for anything. God wants us to pray and ask Him for what we desire.

4. Jesus was crucified, triumphed, ascended to heaven, and the Holy Spirit descended.

John 16:7 But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you.

6 The Holy Spirit, our Helper, was given to us.
Through the Holy Spirit, we have come to share the words of Jesus and to be helped and guided in our life of faith.

➔ Things to Be Grateful For

1. Let's practice "gratitude" every day, not just once a year.
2. When and for what do you express gratitude?
Many people only feel "gratitude" when they are in good health or when they are blessed with a favorable environment, circumstances, or resources, The Bible teaches us to "give thanks to the Lord at all times and for everything."

1) Let us give thanks for the Lord's work—the work of the cross.
2) Let us give thanks even when we are in difficult circumstances. Let us give thanks in advance for the Lord's grace and mercy.
3. Let's try writing down what we're grateful for every day—God's very nature and works, His mercy, His grace, and so on. Even during suffering, let's trust in the Lord's salvation and give thanks.
4. How to give thanks to the Lord?
1) Let us continue to be grateful for the Lord's works. We give thanks to the almighty God.
Ps 139:14 I praise you because I am fearfully and wonderfully made your works are wonderful, I know that full well.
2) Let us offer praise and songs of praise to the Lord. During worship services and gatherings,
Ps 35:18 I will give you thanks in the great assembly; among the throngs I will praise you.
3) Let's make an offering of thanksgiving.
Ps 54:6 I will sacrifice a freewill offering to you I will praise your name, Lord, for it is good.
4) Let us offer sacrifices of thanksgiving through prayer—during worship, in our personal prayers, and within our families.
Ps 116:17 I will sacrifice a thank offering to you and call on the name of the Lord.
5) Let's express our gratitude in our daily conversations.
Even when negative things happen, let's refrain from speaking about them and instead remember God's work and give thanks to Him, who turns everything to our good.
Let's give thanks to God.
II Chro 20:21 Give thanks to the Lord, for his love endures forever."